



Kingswood Education Catering



Primary Menu September & October 2019

School Training days are **NOT** noted on this menu – please refer to your Child’s School for accurate dates.

How to order:

Online: www.kingswoodcatering.co.uk

You have until Wednesday at midnight to order for the next week – just register, log on, order and pay – simple.

Please note there is a 10p administration fee for this service.

If you are not able to order via the internet give our office a call on 01536 201203 between 9am and 4pm so that we can arrange an alternative ordering method for you.

The price of a school dinner is **£2.30** per day, **£11.50** per week. Children entitled to Free Meals can make a choice and order online.

Orders for the start of the term can be placed up to midnight on Wednesday of the week before the children are due to have meals. We're sorry but if you miss the order cut-off date we are unable to accept late orders.

If you have any difficulties ordering online please contact the office email enquiries@kingswoodcatering.co.uk

Special Offer: 3 children for the price of 2 on full weeks – please ring our office 01536 201203 for details – conditions apply.

Ultimate

Cancellation – if your child is not in school we are not able to offer a meal credit unless we have been informed by midnight the day before. Please contact our Office on 01536 201203 or email enquiries@kingswoodcatering.co.uk

Weeks commencing: **02/09/2019** **23/09/2019** **14/10/2019**

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Cheese and Tomato Pizza Baked Beans	Southern Fried Chicken Bites Mayonnaise (optional) Wrap Salad	Beef Bolognese Pasta Mixed Vegetables	Roast Turkey Fillet in Gravy Yorkshire Pudding Roast Potatoes Diced Carrots	Ultimate Fish Fingers Chips Garden Peas
Vegetarian alternative	Meat Free Sausage Roll Baked Beans	Moroccan Falafal Bites Mayonnaise (optional) Wrap Salad	Macaroni Cheese Mixed Vegetables	Roast Quorn Fillet in Gravy Yorkshire Pudding Roast Potatoes Diced Carrots	Plain Omelette Chips Garden Peas
Picnic Lunch	Sliced Cheddar Cheese Sandwich Raisin Box Golden Oat Flapjack Water Fruit from bowl	Houghton Ham in a Soft Roll Raisin Box Ginger Bread Biscuit Water Fruit from bowl	Tuna Mayonnaise Roll Sultana & Raisin Blueberry Flapjack Water Fruit from bowl	Houghton Ham Sandwich Apricot Bag Vanilla Muffin Water Fruit from bowl	Cheddar Cheese Sandwich Raisin Box Shortbread Biscuit Water Fruit from bowl
Hot Pot	Chicken and Tomato Pasta Hotpot	<i>Chilled Summer Salad</i> BBQ Chicken Strips with Sunshine Rice and Vegetables	<i>Chilled Summer Wrap</i> Ham and Cream Cheese Wrap	Cheesy Pasta Pot	Salmon and Sweet Potato Fishcake Roll served with Salad
Jacket Potato	Jacket Potato and Baked Beans	Jacket Potato and Cheese	Jacket Potato and Summer Chicken Mayonnaise	Jacket Potato and Tuna Mayonnaise	Jacket Potato and Baked Beans
Pudding	Mini Blueberry Muffin	Raspberry Mousse Slice	Melon and Pineapple Platter	Guilsborough Biscuit	Red Velvet Cake

Week Commencing **09/09/2019** **30/09/2019** **21/10/2019**

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Chicken Burger Roll Baked Beans	Sausages in Gravy Diced Potatoes in skins Garden Peas	Chicken Tikka Naan Bread Rice Mixed Vegetables	Roast Beef Slice in Gravy Yorkshire Pudding Roast Potatoes Diced Carrots	Bubble Coated Fish Bites Chips Garden Peas
Vegetarian alternative	Vegetable Nuggets Planter Potato Baked Beans	Linda McCartney Sausage in Gravy Diced Potatoes in skins Garden Peas	Sweet Potato and Vegetable Tikka Naan Bread Rice Mixed Vegetables	Roast Quorn Fillet in Gravy Yorkshire Pudding Roast Potatoes Diced Carrots	Cheese & Pepper Quiche Chips Garden Peas
Picnic Lunch	Sliced Cheddar Cheese Sandwich Raisin Box Golden Oat Flapjack Water Fruit from bowl	Houghton Ham in a Soft Roll Raisin Box Ginger Bread Biscuit Water Fruit from bowl	Tuna Mayonnaise Roll Sultana & Raisin Blueberry Flapjack Water Fruit from bowl	Houghton Ham Sandwich Apricot Bag Vanilla Muffin Water Fruit from bowl	Cheddar Cheese Sandwich Raisin Box Shortbread Biscuit Water Fruit from bowl
Hot Pot	Chicken and Tomato Pasta Hotpot	<i>Chilled Summer Wrap</i> Houmous Carrot and Rocket Wrap	<i>Chilled Summer Wrap</i> Grated and Cream Cheese in a Pumpkin Wrap	Cheesy Pasta Pot	<i>Chilled Summer Salad</i> Tuna Vegetable and Tomato Pasta Salad
Jacket Potato	Jacket Potato and Baked Beans	Jacket Potato and Cheese	Jacket Potato and Summer Chicken Mayonnaise	Jacket Potato and Tuna Mayonnaise	Jacket Potato and Baked Beans
Pudding	Organic Fruit Ice Lolly	Fruit Yoghurt	Melon and Pineapple Platter	Fruity Flapjack Biscuits	Iced Carrot Cake

Weeks commencing: **16/09/2019** **07/10/2019**

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Pork Meatballs with Tomato Sauce Wholemeal Pasta Sweetcorn	Chicken Korma Rice Mixed Vegetables	Empire Hot Dog in a Brioche Roll Baked Beans	Roast Chicken Fillet in Gravy Yorkshire Pudding Roast Potatoes Diced Carrots	Harry Ramsden's Fish in Batter Chips Garden Peas
Vegetarian alternative	Quorn Swedish Balls in Tomato Sauce Wholemeal Pasta Sweetcorn	Vegetable Chickpea and Potato Curry Rice Mixed Vegetables	Quorn Frankfurter in a Brioche Roll Baked Beans	Roast Quorn Fillet in Gravy Yorkshire Pudding Roast Potatoes Diced Carrots	Plain Omelette Chips Garden Peas
Picnic Lunch	Sliced Cheddar Cheese Sandwich Raisin Box Golden Oat Flapjack Water Fruit from bowl	Houghton Ham in a Soft Roll Raisin Box Ginger Bread Biscuit Water Fruit from bowl	Tuna Mayonnaise Roll Sultana & Raisin Blueberry Flapjack Water Fruit from bowl	Houghton Ham Sandwich Apricot Bag Vanilla Muffin Water Fruit from bowl	Cheddar Cheese Sandwich Raisin Box Shortbread Biscuit Water Fruit from bowl
Hot Pot	Chicken and Tomato Pasta Hotpot	<i>Chilled Summer Wrap</i> Wrap BLT in a Pumpkin Wrap	Cauliflower and Broccoli Cheese Bake	Cheesy Pasta Pot	<i>Chilled Summer Salad</i> Tuna Sweetcorn and Mayonnaise Pasta Salad
Jacket Potato	Jacket Potato and Baked Beans	Jacket Potato and Cheese	Jacket Potato and Summer Chicken Mayonnaise	Jacket Potato and Tuna Mayonnaise	Jacket Potato and Baked Beans
Pudding	Organic Fruit Ice Lolly	Sweet American Pancakes & Honey	Melon and Pineapple Platter	Chocolate Flavour Cookies	Banana Bread

Drinking water and plain wholemeal bread is available daily. A selection of fruit is available daily as an alternative to the pudding advertised. Some products may contain small bones. We do not use nuts in any of our recipes and our production kitchens are nut free, however we cannot guarantee that the all the products purchased from our manufacturers have been made in a nut free environment. All fish products are from a sustainable source. We will do everything possible to provide the menu published, although occasionally there may be unforeseen circumstances which might result in a change to the menu without any notification

Please see 'more information' on our website menus for allergen information.